



Bingara Central School

TERM 2 | WEEK 9 | FRIDAY 24 JUNE 2022

NEWSLETTER



We are a Positive Behaviour for Learning School. Our values are Honesty, Pride and Respect.



DATES TO REMEMBER

WEEK 10 - LAST WEEK OF TERM

Monday 27 June

PSSA Boys Basketball
Small Schools Rugby League

Monday 27 - Wednesday 29 June

HSC Re-Sit of Minimum Standards Test

Tuesday 28 June

Primary Debate

Wednesday 29 June

Whole School Assembly

Thursday 30 June

STOP WORK ACTION

Friday 1 July

9:30am - Infants Frolic
12pm - Orange picking day
Last day of Term 2

Tuesday 19 July

First day of Term 2

FIVE TEAMS QUALIFY FOR STATE CARNIVAL

We are extremely excited to announce that (in addition to our touch teams) our 16's Netball, 14's Rugby League and Opens Netball teams have successfully made it through to the Central Schools State Finals, to be played in Dubbo in Week 7 of Term 3, CONGRATULATIONS ALL STUDENTS!!!

On Monday 20th and Tuesday 21st June, the 16's Netball, Opens Netball and 14's Rugby League teams travelled to Inverell to compete in the Central Schools knockout Competition.

The 16 girls played extremely well throughout the day, finishing 2nd overall with 4 wins and one loss to a strong Manilla team. All girls played in the spirit of the game and demonstrated excellent sportsmanship. A massive thank you to Mrs Crowley and Mrs Boyle for their support and guidance on the day.

GET IN TOUCH

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www.bingara-c.schools.nsw.edu.au www.facebook.com/BingaraCentralSchool

SPORT NEWS

The 14's Rugby League Team played 3 games, with wins against Bowraville and a combined Ashford/Bundarra team. Unfortunately, the boys went down to a strong Guyra team, however, still finished 2nd overall. The boys played exceptionally well as a team and are congratulated on their attitude and sportsmanship.

The Opens Netball team played 4 games, coming away with three wins against Ashford, Bowraville and Walcha and one loss against Manilla. The girls represented Bingara Central with pride and played well throughout the day. A special mention to Sophie Dennis and Blaire Johnson, who backed up from the pervious day to help the girls finish 2nd overall. Thank you to Mrs Mill for her guidance and support on the day.



Netball NSW Knockout Competition

On Wednesday 22nd June, the Year 7 & 8 boys and girls Netball teams travelled to Narrabri to compete in the Netball NSW Schools Knockout Competition. It was a great day for all students with the girls coming away with 2 wins and 3 losses on the day. The boys won both their games to win their division and now progressing to the Regional Finals, which will be held in Tamworth in September. Congratulations to all students who competed on the day, and we wish the boys all the best for the Regional Finals. A massive thank you to Mrs Mill, Mrs Crowley and Mrs Boyle for their efforts on the day.



SPORT NEWS

CROSS COUNTRY

On Friday 17th June, Bingara Central School took a strong team of students from both Primary and Secondary to Coolah to compete in the Regional Cross Country competition. All students ran their hardest and should be extremely proud of their efforts with some outstanding performances on the day. We are excited to announce that Scarlett Standerwick finished 3rd in her age division and Mailee Sullivan finished 5th in her age group, resulting in both girls gaining selection in the North West Cross Country team to compete at the State Championships, to be held in Sydney in Week 1 of Term 3. A special mention to Howie Green and Zoe Allen who also finished 8th in their race and are a reserve for the North West Team in their respective age groups. A huge thank you to all parents who supported our students on the day, and we wish Scarlett and Mailee all the success at the State Finals



SCHOOL NEWS

Secondary Science

This week Stage 5 modelled electron configurations in atoms and ions using mini M&Ms in their Science lesson.



DEBATING

Both our primary debating teams came away with the win against Moree Public School on Wednesday. The BCS Badgers argued as to why we should ban tests in primary schools and the Bandicoots argued why students should receive feedback instead of grades/marks. We were lucky enough to be wonderfully supported by our chairperson, Jai! Well done debaters!

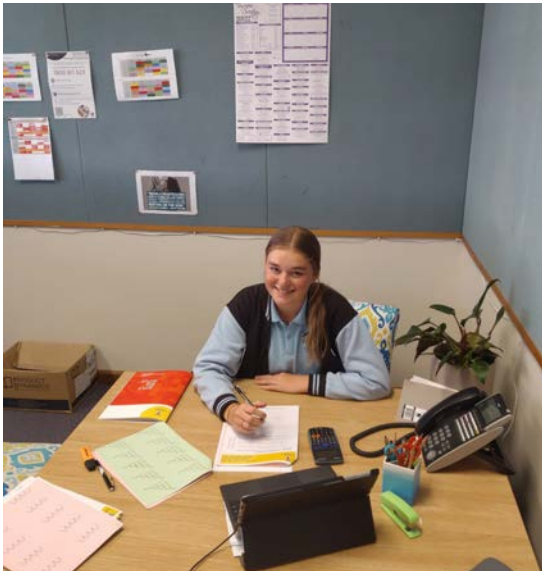
Miss Leeson



SCHOOL NEWS

THANK YOU

Do the team at the Bingara Op Shop ever stop? We don't think so! A proud Bingara based proactive team that just keeps giving to our young people. Myself and the students had a wonderful time talking with the team during the week when they went down to accept the donation. Thank you to the Bingara Op Shop who have once again contributed \$2000 towards the students excursion fund.

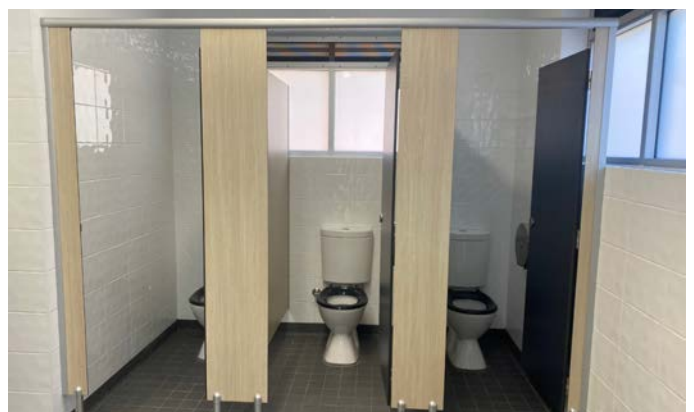
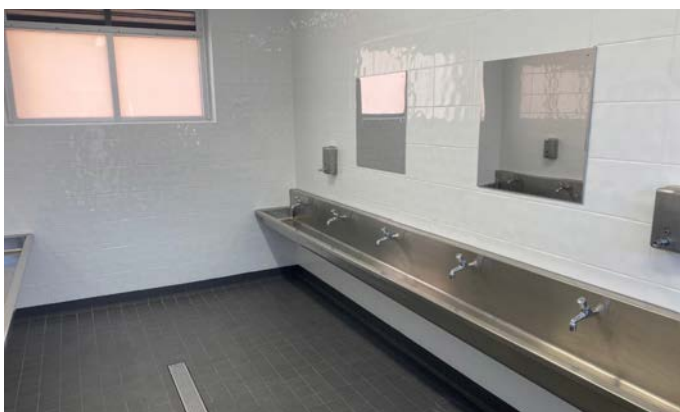


GIRLS DO THE MATH

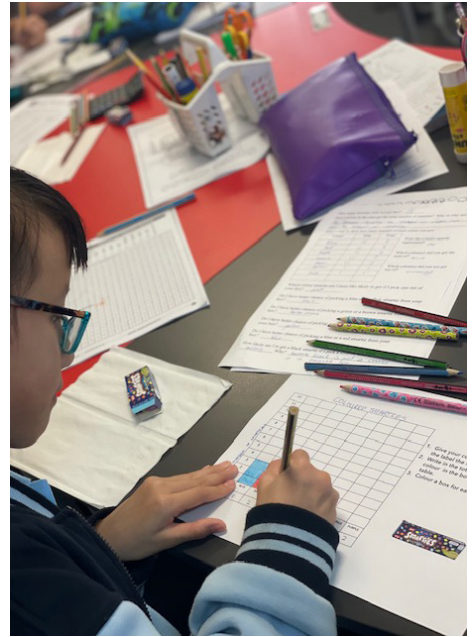
Today Blaire J was invited to the Girls Do the Math virtual student conference hosted by the University of New South Wales. Guest speakers each spoke about their life journey and how they have used maths in their lives as they studied many of life's problems including managing mining trucks, dealing with dengue fever across an affected country and scheduling trains. Students were treated to a series of problems designed to stretch their thinking. Despite being the youngest student of the day, Blaire was able to provide valuable insight into solving different problems.

OUT WITH THE OLD, IN WITH THE LOO!!

Great news everybody! These last 17 weeks have left us a bit backed up, but our new primary toilet blocks are soon open for business. Below are some photos of our new facilities. Thank you to all the workers and everyone involved. It is looking fantastic.



SCHOOL NEWS



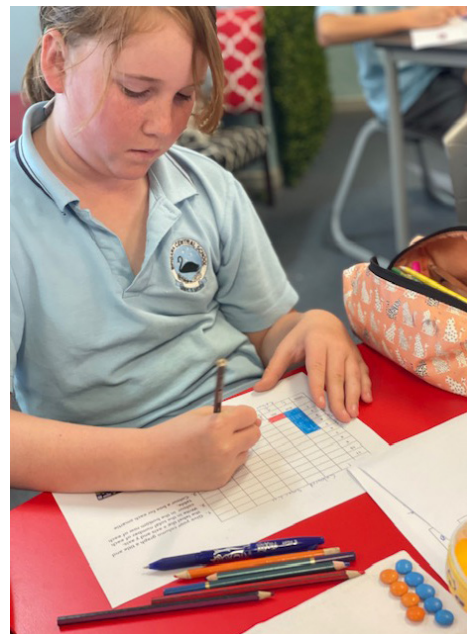
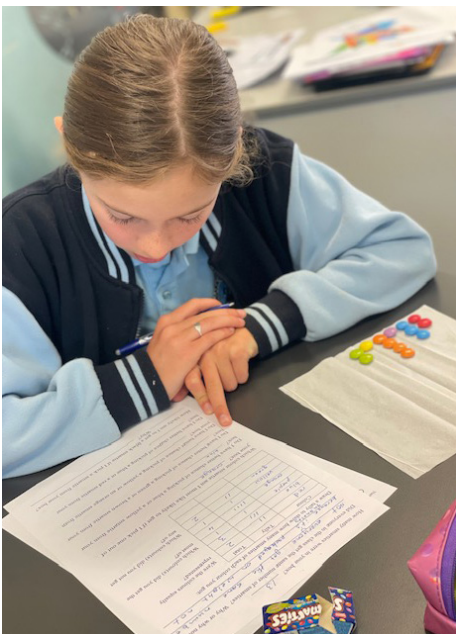
Class of the Week - Year 5

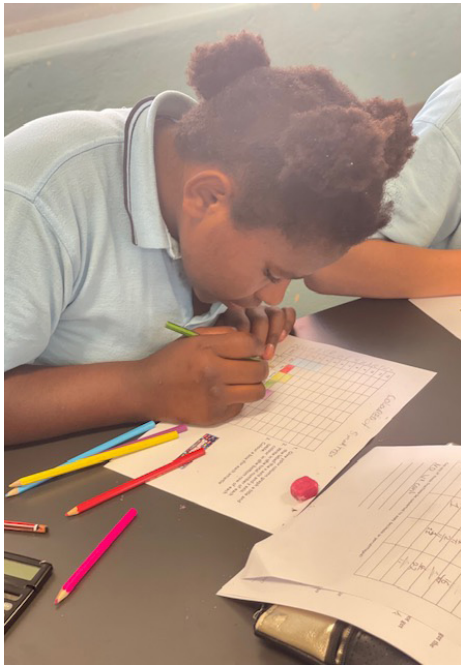
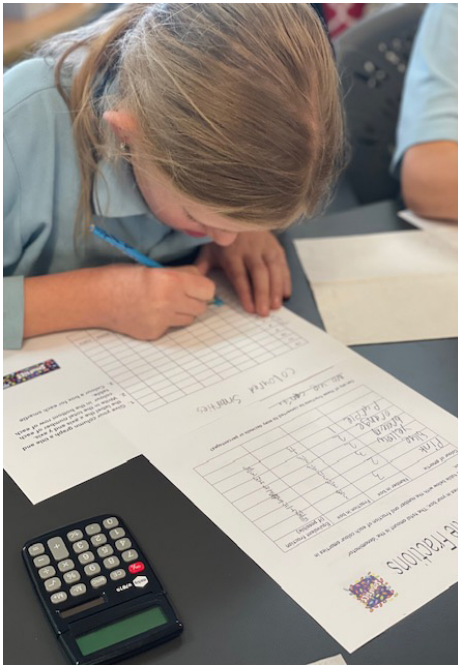
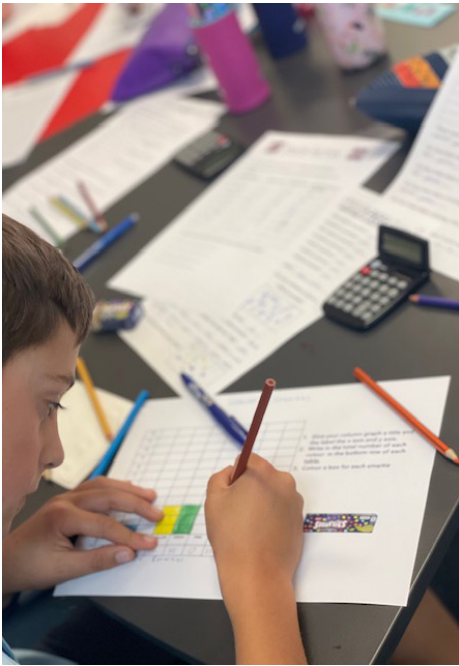
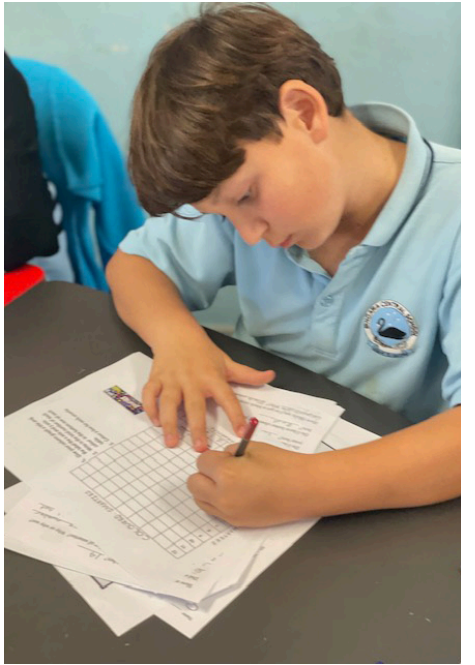
Year 5 have thoroughly enjoyed learning Maths using a box of Smarties! They had to make predictions of colour, quantity, and likely and unlikely possibilities. They collected data using tally marks and were able to competently transfer the data into a histogram.

Year 5 used the data to make fractions, and calculated equivalent fractions, decimals, and percentages.

The most enjoyable part was eating the concrete materials!

A superstar effort Year 5!





SCHOOL NEWS

Star of the Week

LILY M

During Geography lessons, Year 5 have been researching biomes. Lily designed a beautiful diorama, depicting the biome, The Daintree. Her diorama showed her extensive knowledge of the location and climate of The Daintree, the flora and fauna found in The Daintree and the physical structure of The Daintree.

Stage 3 loved listening to Lily share her knowledge of The Daintree. It was wonderful to see how passionate Lily was about her learning through this Project-based learning activity.

Congratulations Lily on being a superstar learner.



BLAIRE J

Blaire is a worthy recipient of Student of the Week. She consistently makes positive choices about her learning and endeavours to get the most out of each learning opportunity presented to her. Blaire is happy to step up and support others, evident during the preparation for the Thomson Cup march. Congratulations Blaire on being Student of the Week.



INFANTS FROLIC



*****DATE CHANGE*****

Friday 1 July at 9:30am

THEME: Cartoon Characters

Parents will need to send their child to school in their costume for the frolic.

Please pack your child's full school uniform (not sports uniform) in order to change afterwards for the Orange Picking Ceremony.

ALL WELCOME TO ATTEND

SCHOOL NEWS

Kindergarten Transition **BCS GRITTERS**

Today was our last transition for Term 2! Next term transition students will be coming to Big School (Bingara Central School) for an hour every Friday (beginning July 29, from 9:05-10:05). We continued our GRIT lessons today and learnt how to be Engaged learners!

Learning Intention; We are learning to be an engaged learner.

Success Criteria; I know that I can do it when I can

Stay focused on my learning

Make good choices about my learning

Be excited about my learning

Learn independently and as part of a group

We learnt how to be engaged and focus on our task by watching an episode of Bluey and answered some questions about what happened in the story. We finished our time off by practicing our pencil grip and strengthening the muscles in our hands by colouring in our Bluey colouring books.



100 DAYS KINDERGARTEN



To celebrate our first
100 days of learning
Kindergarten will be having a
100 themed party
with lots of fun
activities and games
to play.

**COME DRESSED AS
100 YEAR OLD PEOPLE**

THURSDAY 21 JULY

STAGE 5 EXCURSION FUNDRAISER

WOOD *Raffle*

WIN a trailer load of **FIRE WOOD**

Drawn at school on Tuesday 19 July

Kindly Donated by
Felicity Johnson and Michael Robertson



\$1.00 TICKET

STAGE 3 EXCURSION FUNDRAISER

WOOD *Raffle*

WIN a trailer load of **FIRE WOOD**

DRAWN AT THE ORANGE FESTIVAL



\$1.00 TICKET



B I N G A R A

RANGE PICKING

Ceremony

Our Annual Orange Picking will be held on

FRIDAY 1 JULY

COMMENCING AT 12 NOON

You are invited to attend a short ceremony in

Finch Street near the Bingara RSL Club

(may be a change of venue if unfavourable weather)

before students from Bingara Central School,

Bingara Pre School and Community harvest this year's crop.

Students are to wear full school uniform (not sports uniform).

The Bingara Lions Club will be cooking a BBQ in the school grounds after the picking.

Sausage Sandwich \$2.00

HAPPY DAYS FESTIVAL

.....
FRIDAY 1ST - SATURDAY 2ND JULY 2022
.....

FRIDAY 1ST ORANGE PICKING CEREMONY

FRIDAY EVENING / 'GREASE' SCREENING AT THE ROXY

SATURDAY 2ND ORANGE FESTIVAL

THE ZEPHYR PROJECT / VINTAGE CAR DISPLAYS / MARKET STALLS / MOVIE SCREENINGS RETRO FASHIONS /
KIDS ENTERTAINMENT DANCE DEMONSTRATIONS / MEMPHIS MOVERS / SATURDAY EVENING /
BINGARA RSL CLUB / 50'S DANCE HALL WITH DJ GRIZZLY ADAMS



regional australia bank
**orange
festival**

FOR FURTHER EVENT DETAILS, LOCAL ATTRACTIONS AND ACCOMMODATION CALL BINGARA VISITOR INFORMATION CENTRE ON 02 6724 0066 OR VISIT WWW.BINGARA.COM.AU



BINGARA NSW Call Georgia 0491 272 614 or gstanderwick@gwyir.nsw.gov.au

Celebrating the good times of yesteryear!



GWYDIR
SHIRE COUNCIL



FREE
help for
parents and
caregivers

SUPPORTING CHILDREN WITH DEVELOPMENTAL TRAUMA

The training will focus on:

- Understanding the behaviour of children with developmental trauma
- What to look for and how to help
- Helping children thrive with the Six Core Strengths
- Attachment and why it's important
- Using PACE and Therapeutic Parenting

Your Training Facilitator: Pedro Sousa has an interest in helping parents and caregivers treat children with dignity and respect to cooperate together so they can support children to thrive who are hard to manage, have been exposed to trauma or neglect, or are simply having a hard time coping!

6 Tuesdays

Dates: 21 June, 5, 12, 19, 26 July, 2 August 2022

Time: 10am to 12.30pm

Venue: Centacare Armidale - 150 Rusden Street, Armidale

Centacare require each participant to complete a registration form before the start of the course - please contact below

**Bookings Essential – Ring Centacare on 1800
372 826 or talk to the Facilitator 67387200**



FAMILY
RELATIONSHIP CENTRE
HELPING FAMILIES BUILD BETTER RELATIONSHIPS

 **An Australian Government Initiative**



Centacare
New England North West
Rural Resilience
THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE



Centacare NENW acknowledges the traditional custodians of this land and pays respect to the elders past and present.



Stage 5 SUBJECT SELECTION

Thursday 21 July 2022

5:15pm

School Library

(Light refreshments will be available)

Suited for current Year 8 and 9 students and their parents. Parents and students are welcome to stay and attend the Stage 6 subject selection presentation afterwards.

Information will be presented on;

- RoSA- Record of Student Achievement
- HSC Minimum Standards
- TAFE and School-based Apprenticeships and Traineeships (SBATs) opportunities
- Maths Pathways
- Subject selection information and elective courses on offer
- Time to chat to teachers regarding Stage 5 courses and electives



Stage 6 SUBJECT SELECTION

Thursday 21 July 2022

6:15pm

School Library

(Light refreshments will be available)

Suited for current Year 10 and 11 students and their parents.

Information will be presented on;

- Higher School Certificate Processes
- ATAR- Australian Tertiary Admission Rank
- HSC Minimum Standards
- TAFE and School-based Apprenticeships and Traineeships (SBATs) opportunities
- Enrollment requirements
- Courses and subject information
- Time to chat to teachers regarding Stage 6 courses



EMPATHY & KINDNESS

Empathy

Empathy is **putting ourselves in the shoes of others**, to feel and see what they do. We practise this through **being kind and compassionate** towards other people.



DID YOU KNOW?

Every time you do **something kind for someone** else your brain releases the hormone, **oxytocin**. Oxytocin leads to increased:

SELF-ESTEEM/CONFIDENCE

ENERGY

POSITIVITY

HAPPINESS



RANDOM ACTS OF KINDNESS

Scan the QR code or click on the link to watch this [YouTube clip](#) and see how **random acts of kindness** can go a long way.



As a family, **challenge yourselves** to work through the kindness bingo below and **do a random act of kindness for someone else**. Talk about who you will do the act of kindness for and work together to organise this. Discuss **how it made you all feel** and how you think it **made others feel**.



Design a **'Thank You' card for someone special**, thanking them for everything they do.

Invite some friends over for afternoon tea.



Pick some flowers and deliver them to someone you think might need them.

Write anonymous kindness notes and put them in your neighbours' letter boxes.



Smile at a neighbour and ask how their day is going.

Volunteer at a local organisation.



Offer to do a chore for a friend, family member or neighbour.

Bring your neighbours' bins in.



Bake some goodies for some friends or neighbours.

MORE FAMILY ACTIVITY IDEAS...

KIDS

As a family, **create your own kindness bingo**. Include acts of kindness that you can do for others.

Click on the image below or scan the QR code for a **template you could use**.



TEENS

A great way to **show empathy** is to **give back to the community**. This can be done through donations, volunteering or understanding and gaining awareness. **As a family discuss a community organisation you would like to give back to**. Make an action plan together.

Click on the image or scan the QR code for an **action plan template** you could use.

