

# Bingara Central School

## Anti-bullying Plan 2019

**Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.**

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Bingara Central School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

### 1. School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1. Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Termly	Promotion of STOP, REPORT, SUPPORT Anti-bullying Action Plan, and core values Pride, Respect, Honesty
Annually	Police Liaison Officer visit (online safety)
Annually	National Day Against Bullying and Violence, Harmony Day and R U OK?
Annually	Class/Year group presentation, Positive Behaviour for Learning (PBL), Merit Policy, Cyber Safety in Planner

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Annually	Professional Learning in Mandatory Child Protection Training, Mental Health First Aid, Code of Conduct
Annually	Positive Behaviour for Learning strategies
Annually	Review STOP, REPORT, SUPPORT Anti-bullying Action Plan
Faculty Mtg	Review data from Sentral

## 1.3. New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

Information is provided to new and casual staff members in the Staff Handbook during Induction.

Casual staff provided with Staff Handbook containing anti-bullying strategies.

An Executive staff member speaks to new and casual staff when they enter on duty at the school.

New staff are supported by experienced peers in delivering anti-bullying programs and student support plans.

## 2. Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1. Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan     NSW Anti-bullying website     Behaviour Code for Students

## 2.2. Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topics
Annually	P & C Meetings
Annually	School website, Facebook page,
Annually	Parent/Teacher Interviews
Annually	School Newsletter

## 3. Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Bingara Central School will continue with their Positive Behaviour for Learning focus whilst reinforcing positive behaviours across all areas of the school.

Promotion of the school's Merit Policy and Award system recognising positive behaviours.

Promotion of Cyber Safety, Cyber Bullying, Anti-Bullying and Wellbeing pages across a wide range of media .

Implementation of the "You can do it" Program and strategies as part of the PDHPE curriculum.

Promotion of the school's STOP, REPORT, SUPPORT Anti-bullying Action Plan.

Supporting awareness days such as National Day Against Bullying and Violence, Harmony Day and R U OK? Day.

Completed by: Brooke Wall

Position: Principal

Signature: *Brooke Wall*

Date: 19.6.2019

Principal name: Brooke Wall

Signature: *Brooke Wall*

Date: 19.6.2019